

DUA FOR RESTORATION OF HEALTH

Quoting Misbah al-Mutahajjid, al-Kaf'ami has reported that whoever is ailed, may say the following supplicatory prayer in the second prostration of the first two units of the Night Prayer:

يَا عَلِيُّ يَا عَظِيمُ يَا رَحْمَنُ يَا رَحِيمُ يَا سَبِيحَ الدَّعَوَاتِ يَا
مُعْطِيَ الْخَيْرَاتِ صَلِّ عَلَيَّ مُحَمَّدٍ وَآلِهِ وَأَعْطِنِي مِنْ خَيْرِ
الدُّنْيَا وَالْآخِرَةِ مَا أَنْتَ أَهْلُهُ وَأَصْرِفْ عَنِّي مِنْ شَرِّ
الدُّنْيَا وَالْآخِرَةِ مَا أَنْتَ أَهْلُهُ وَأَذْهَبْ عَنِّي هَذَا الْوَجْعَ-

The disease or ailment may be now mentioned

فَإِنَّهُ قَدْ غَاظَنِي وَأَحْرَزَنِي-

It is recommended to supplicate earnestly, because the more earnest the sooner in response.

Quoted from 'Uddat al-DAI, Imam al-Sadiq(a.s.) is reported to have said:

When you are ailed, go outdoors, raise your hands towards the sky, and say the following supplicatory prayer:

اللَّهُمَّ إِنَّكَ عَيَّرْتَ أَقْوَامًا فِي كِتَابِكَ فَقُلْتُ : ﴿ قُلِ ادْعُوا
الَّذِينَ زَعَمْتُمْ مِنْ دُونِهِ فَلَا يَمْلِكُونَ كَشْفَ الضَّرِّ

عَنْكُمْ وَلَا تَحْوِيلًا ۖ فَيَا مَنْ لَا يَبْدُكَ كَشَفَ ضُرِّي وَ لَا
تَحْوِيلَهُ عَنِّي أَحَدٌ غَيْرُهُ صَلِّ عَلَى مُحَمَّدٍ وَ آلِهِ وَ اكْشِفْ
ضُرِّي وَ حَوْلَهُ إِلَى مَنْ يَدْعُو مَعَكَ إِلَهًا آخَرَ فَإِنِّي أَشْهَدُ أَنْ
لَا إِلَهَ غَيْرُكَ۔

It is also reported that any believer who is diseased or ailed, should rub the ailed organ with his hand and repeat the following (holy verse) with sincerity:

وَ نُزِّلَ مِنَ الْقُرْآنِ مَا هُوَ شِفَاءٌ وَ رَحْمَةٌ لِلْمُؤْمِنِينَ وَ لَا
يَزِيدُ الظَّالِمِينَ إِلَّا خَسَارًا۔

If he does, he will be restored to health no matter what his disease would be. Confirming this, the holy verse corroborates that it carries healing and mercy to the believers.